IPI Academy

MANAGEMENT forum



Presented by
Management Forum

Managing the Modern Workplace: Utilising Compassion

Recorded on **14 October 25**

Work-related stress affects 914,000 workers annually, costing the UK £28.3 billion. Join our FREE session to learn how compassionate leadership can reduce stress and boost workplace wellbeing.

Format:
Recorded webcast

CPD:
1 hours for your records

Certificate of completion

Course overview

Did you know that the most common type of stress is work-related stress? 914,000 workers suffered from work-related stress, depression or anxiety (new or long-standing) in a 2021/22 Labour Force Survey (LFS), with 17 million working days being lost due to this.

People taking sick days because of work-related stress or burnout is costing the UK economy £28.3 billion a year, according to new research which highlights the financial toll of poor mental wellbeing (NICE).

Compassionate leaders provide clear goals and good team leadership within a psychologically safe environment, leading to lower levels of stress. In organisations where there is an absence of compassionate leadership, staff report high levels of work overload, less influence over decision-making and poorer outcomes. Compassionate leadership increases staff engagement and satisfaction, as well as improved financial performance.

This **FREE** lunchtime programme will discuss:

- What compassionate leadership is and how this differs from other forms of leadership
- The direct link between compassionate leadership and successful, sustainable organisational growth
- The key components of compassionate leadership and how this can be achieved in practice

Benefits of attending

- **Learn** what compassionate leadership is
- **Explore** how compassionate leadership differ from other forms of leadership
- **See** how compassionate leadership results in high-quality productivity and improved financial performance
- **Discuss** the direct link between compassionate leadership and successful, sustainable organisational growth
- **Understand** the facilitation of compassionate leadership approaches that will enable crucial conversations about inclusion, addressing inequities and discrimination in the workplace
- **Support** teams to have clear goals and good team leadership, which will dramatically lower levels of stress
- **Establish** rigorous performance management of individuals, teams, organisations and systems through authentic compassionate leadership
- **Hear** examples of compassionate leadership in practice

Who should attend?

This course is relevant for existing leaders and managers, as well as those new or aspiring to a management role who want to achieve greater success by enhancing their leadership skills through adopting a compassionate approach.

Presenter



Claire Mould

With over thirty years' experience of working in and with the public, corporate, and charitable sectors, Claire has expertise in providing strategic, analytical, emotionally intelligent solutions that engender, inform, facilitate and embed growth through compassionate leadership.

Extending from post-doctoral studies on neurology, specifically the link between emotional intelligence and cognitive intelligence, Claire has written, presented, and worked at a national, European, and international level and has published several research papers and books.

In her previous time as a CEO of various charities, she has practical experience in the art of compassionate leadership and has developed a real passion for helping individuals and organisations to optimise their growth potential.

In addition to her work as a facilitator, delivering sessions and presenting, Claire also works as an independent consultant providing emotionally intelligent strategic solutions, embedding compassionate leadership and maximising growth.

In her spare time, Claire runs for mental health and wellbeing, including running marathons and ultra marathons.

Course date

14 October 25

Recorded webcast
12:00-13:00 **UK (London)** (UTC+01)
Course code 16649

How to book

Online:
ipi.academy/3277

Alternatively contact us to book, or if you have any queries:

Email:
info@ipiacademy.com

Phone:
+44 (0)20 7749 4749

Discounts

- Booking more than one delegate on any one date qualifies for a **30% discount** on the second and subsequent places.
- Most events qualify for an **early booking discount** prior to 6 weeks before the course date. Be sure to check on our website, where the latest discounts will be shown.

Further information

Fee
The fee includes all meals and refreshments for the duration of the course (for venue-based courses) and a complete set of course materials (provided electronically). If you have any particular requirements, please advise customer services when booking.

Please note
IPI Academy (and our training partners) reserve the right to change the content and timing of the programme, the speakers, the date and venue due to reasons beyond their control. In the unlikely event that the course is cancelled, we will refund the registration fee and disclaim any further liability.

Terms and conditions
The rest of the our terms, the event cancellation policy and the terms and conditions are on our website, please visit ipi.academy/content/terms-and-conditions

Reviews

★★★★★

I was just curious about the content, in that sense open minded to what would come. I am not a people's manager myself, but the content can be applied in many situations, so I have learned a lot. I found this very helpful and valuable for everybody, not just managers

Monica Dressler-Meyer
Regulatory Consultant
Pharma International
Oct 14 2025

Run this programme in-house for your whole team

Coming to IPI Academy for your in-house training provides an all-inclusive service which gives you access to a wide variety of content, learning platforms and delivery mechanisms as well as your own personal training adviser who will work with you from the initial enquiry through to feedback and follow-up after the programme.

With over 600 trainers, all practitioners and experts across a huge range of fields, we can provide the training you need, where you need it, when you need it, and at a price which suits your budget. Our approach to tailored learning and development consists of designing and delivering the appropriate solution for each client.

For your FREE consultation and to find out more about how we can work with you to solve your training needs, please contact our training advisers:



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IPI Academy

IPI Academy is a training initiative of Falconbury and Management Forum; leading providers of industry training for over 30 years, based in the UK.

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